

91 Queen Street, Campbelltown NSW 2560 P.O. Box 685, Campbelltown NSW 2560

Phone:4645 4523

Please Indicate, ALL Meal Preferences by marking tick box

Client Name	
Run Number	

Beef - Main Meals - 360g	Tick Box	Office Use Only
BBQ Marinated Beef Stir Fry with Rice		RK
Beef & Green Bean Casserole		F
Beef & Potato Hot Pot		F
Beef & Vegetable Stir Fry		В
Beef Lasagne		В
Beef Stroganoff with Macaroni		MY
Braised Steak & Onion Gravy		В
Cottage Pie & Vegetables		В
Curried Sausages & Vegetables		В
Meatballs & Penne Pasta in Napoli Sauce		GMC
Meatloaf with Vegetables		В
Rissole, Vegetables & Gravy		В
Roast Beef, Vegetables & Gravy		В
Sausage, Mash, Vegetables & Gravy		В
Savoury Mince & Vegetables		В
Silverside, Vegetables & Parsley sauce		В
Spaghetti Bolognaise		F
Steak & Kidney Pie		В
Steak & Mushroom Pie		MCS
Steak Diane & Vegetables		В
Veal Schnitzel & Gravy		F
	-	
Chicken - Meals - 360g	Tick Box	Office Use Onl
Apricot Chicken & Vegetables	Tick Box	
	Tick Box	Use Onl
Apricot Chicken & Vegetables	Tick Box	Use Onl
Apricot Chicken & Vegetables Butter Chicken & Vegetables	Tick Box	Use Onling B GMC
Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie	Tick Box	B GMC
Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola	Tick Box	Use Only B GMC F
Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola Chicken Cacciatore	Tick Box	B GMC F
Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola Chicken Cacciatore Chicken Casserole Chicken Chow Mein	Tick Box	Use Only B GMC F F B
Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola Chicken Cacciatore Chicken Casserole	Tick Box	B GMC F F B F F
Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola Chicken Cacciatore Chicken Casserole Chicken Chow Mein Chicken Lasagne	Tick Box	B GMC F F F F F F F F F F F F F F F F F F F
Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola Chicken Cacciatore Chicken Casserole Chicken Chow Mein Chicken Lasagne Chicken Teriyaki with Fried Rice	Tick Box	B GMC F F F F GMC GMC
Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola Chicken Cacciatore Chicken Casserole Chicken Chow Mein Chicken Lasagne Chicken Teriyaki with Fried Rice Chinese Chicken & Vegetables	Tick Box	B GMC F F F F GMC B
Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola Chicken Cacciatore Chicken Casserole Chicken Chow Mein Chicken Lasagne Chicken Teriyaki with Fried Rice Chinese Chicken & Vegetables Curried Chicken Mild & Vegetables	Tick Box	B GMC F F F GMC B B B B B
Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola Chicken Cacciatore Chicken Casserole Chicken Chow Mein Chicken Lasagne Chicken Teriyaki with Fried Rice Chinese Chicken & Vegetables Curried Chicken Mild & Vegetables Honey Soy Chicken & Rice Lemon Chicken & Vegetables	Tick Box	B GMC F F F GMC B B RK F F
Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola Chicken Cacciatore Chicken Casserole Chicken Chow Mein Chicken Lasagne Chicken Teriyaki with Fried Rice Chinese Chicken & Vegetables Curried Chicken Mild & Vegetables Honey Soy Chicken & Rice Lemon Chicken Schnitzel & Vegetables	Tick Box	B GMC F F F GMC B B RK
Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola Chicken Cacciatore Chicken Casserole Chicken Chow Mein Chicken Lasagne Chicken Teriyaki with Fried Rice Chinese Chicken & Vegetables Curried Chicken Mild & Vegetables Honey Soy Chicken & Rice Lemon Chicken & Vegetables Lemon Chicken Schnitzel & Vegetables Roast Chicken, Vegetables & Gravy	Tick Box	B GMC F F F B F GMC B B R K F B B B B B B B B
Apricot Chicken & Vegetables Butter Chicken & Vegetables Chicken & Mushroom Pie Chicken Boscaiola Chicken Cacciatore Chicken Casserole Chicken Chow Mein Chicken Lasagne Chicken Teriyaki with Fried Rice Chinese Chicken & Vegetables Curried Chicken Mild & Vegetables Honey Soy Chicken & Rice Lemon Chicken & Vegetables	Tick Box	B GMC F F F GMC B B RK F B B

Delivery Day /s

Quantities

Start Date:

otali Bate.		240
Lamb - Meals - 360g	Tick Box	Office Use Only
Irish Lamb Stew		F
Lamb & Rosemary Pie		MCS
Lamb Casserole		В
Lambs Fry, Bacon & Gravy		В
Lancashire Hot Pot		В
Mild Lamb Curry & Vegetables		F
Roast Lamb, Vegetables & Gravy		В
Shepherds Pie & Vegetables		F
Pork - Meals - 360g	Tick Box	Office
Bacon & Potato Slice		Use Only F
		В
Honey Pork & Pineapple Casserole		F
Macaroni Ham & Cheese		
Pork Meatball with Creamy Mushroom Sauce		F
Roast Pork, Vegetables & Gravy		В
Smothered Pork in Apple Sauce		В
Sweet & Sour Pork	Tiel Den	B Office
Seafood - Meals - 300g -	Tick Box	Use Only
Cheesy Tuna Bake		В
Crumbed Fish & Wedges		GMC
Crumbed Fish & Potato Bake		В
Curried Prawns, Rice & Vegetables		RK
Salmon Patties & Vegetables		В
Smoked Cod & Parsley Sauce		В
Steamed Fish & Lemon Sauce		В
Tempura Fish Bites, Chips & Vegetables		В
Vegetarian - Meals - 360g	Tick Box	Office Use Only
Mixed Vegetable Curry		F
Pumpkin & Spinach Frittata		В
Pumpkin & Spinach Risotto		F
Spinach & Ricotta Cannelloni		В
Vegetable Pasta Bake		В
Vegetable Patties		В
Vegetable Quiche		В
Premium Meal Range	Tick Box	Office Use Only
Braised Lamb with Fruit Chutney & Steamed		
Potato		
		MY
Grilled Lamb Chump Chop with Homemade Onion Gravy		
· · · · · · · · · · · · · · · · · · ·		MY
Grilled Barramundi Fillet with Ginger, Lime & Shallot Butter on Rice		
		MY
Pan Grilled Chicken Breast, with Grain		
Mustard Cream Sauce		MY
Honey Curry Chicken with Steamed Rice		MY
Quiche with Bacon, Spinach & Cheese with Seasonal Vegetables		MY
Pulled Pork with Potato Gratin & Seasonal Vegetable		A457
Lamb Shanks with Mashed Potato &		MY
Seasonal Vegetables		MY
Vegetable Lasagne with Seasonal		
Vegetables		MY

Revised 14/09/2018 BM Please Turn Over

1500' - WIDLWOJE - 7710	Tick Box	Office
Beef - Mini Meals - 220g Beef Lasagne		Use
Beef Stir Fry		В
Braised Steak & Onion Gravy		В
Cottage Pie & Vegetables		В
Curried Sausages & Vegetables		В
Meatloaf, Vegetables & Gravy		В
Rissole, Vegetables & Gravy		В
Roast Beef, Vegetables & Gravy		В
Sausage, Mash, Vegetables & Gravy		В
Savoury Mince & Vegetables		В
Silverside, Vegetables & Parsley Sauce		В
Spaghetti Bolognaise		MCS
Steak & Kidney Pie Steak & Mushroom Pie & Vegetables		В
Steak & Mushiooni Fie & Vegetables		MCS
Chicken - Mini Meals - 220g	Tick Box	Office Use Only
Apricot Chicken & Vegetables		B
Chicken Casserole & Vegetables		В
Chicken Fettuccini & Vegetables		В
Chinese Chicken & Vegetables		В
Lemon Chicken Schnitzel		В
Mild Chicken Curry & Vegetables		В
Roast Chicken, Vegetables & Gravy		В
Roast Turkey, Vegetables & Gravy		В
Lawk Mini Manla 2000	Tick Box	Office
Lamb - Mini Meals - 220g Lamb Casserole	TICK DOX	Use
		В
Lamb & Rosemary Pie Lambs Fry, Bacon & Gravy		MCS
		D
		B B
Lancashire Hot Pot		B B
		В
Lancashire Hot Pot	Tick Box	В
Lancashire Hot Pot Roast Lamb, Vegetables & Gravy	Tick Box	B B
Lancashire Hot Pot Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g	Tick Box	B Office Use
Lancashire Hot Pot Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake	Tick Box	B Office Use B
Lancashire Hot Pot Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties	Tick Box	B Office Use B
Lancashire Hot Pot Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce	Tick Box	B Office Use B B B B
Lancashire Hot Pot Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties	Tick Box	B Office Use B B
Lancashire Hot Pot Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce		B B Office Use B B B B Office Office
Lancashire Hot Pot Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g	Tick Box Tick Box	B Office Use B B B B B
Lancashire Hot Pot Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole		B B Office Use B B B B Office Office
Lancashire Hot Pot Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Roast Pork , Gravy & Vegetables		B Office Use B B B Office Use Control B B Control Office Use
Lancashire Hot Pot Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole		B B Office Use B B B B Office Use B B B B B B B B B B B B B B B B B B B
Lancashire Hot Pot Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Roast Pork , Gravy & Vegetables		B B Office Use B B B B C Office Use B B B B B B B B B B B B B B B B B B B
Lancashire Hot Pot Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Roast Pork , Gravy & Vegetables Smothered Pork in Apple Sauce		B B Office Use B B B B B B B B B B B B B B B B B B B
Lancashire Hot Pot Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Roast Pork , Gravy & Vegetables Smothered Pork in Apple Sauce		B B Office Use B B B B B B B B B B B B B B B B B B B
Lancashire Hot Pot Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Roast Pork , Gravy & Vegetables Smothered Pork in Apple Sauce Sweet & Sour Pork Vegetarian - Mini Meals - 220g	Tick Box	B B Office Use B B B B B B B Office Use B B C Office Use
Lancashire Hot Pot Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Roast Pork , Gravy & Vegetables Smothered Pork in Apple Sauce Sweet & Sour Pork Vegetarian - Mini Meals - 220g Macaroni Cheese	Tick Box	B B B B B B B Office Use B B B Office Use MCS
Lancashire Hot Pot Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Roast Pork , Gravy & Vegetables Smothered Pork in Apple Sauce Sweet & Sour Pork Vegetarian - Mini Meals - 220g Macaroni Cheese Pumpkin & Spinach Frittata	Tick Box	B B B B B B Office Use B B B Office Use Use B B B B B B B B B B B B B B B B B B B
Lancashire Hot Pot Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Roast Pork , Gravy & Vegetables Smothered Pork in Apple Sauce Sweet & Sour Pork Vegetarian - Mini Meals - 220g Macaroni Cheese Pumpkin & Spinach Frittata Spinach & Ricotta Cannelloni	Tick Box	B B B B B B B Office Use B B B B B B B B B B B B B B B B B B B
Lancashire Hot Pot Roast Lamb, Vegetables & Gravy Seafood - Mini Meals - 220g Cheesy Tuna Bake Crumbed Fish & Potato Bake Salmon Patties Smoked Cod With Parsley Sauce Steamed Fish & Lemon Sauce Pork - Mini Meals - 220g Honey Pork & Pineapple Casserole Roast Pork , Gravy & Vegetables Smothered Pork in Apple Sauce Sweet & Sour Pork Vegetarian - Mini Meals - 220g Macaroni Cheese Pumpkin & Spinach Frittata	Tick Box	B B B B B B Office Use B B B Office Use Use B B B B B B B B B B B B B B B B B B B

Desserts - 120g	Tick Box	Office Use
Apple Pie & Cream		В
Apple Rhubarb Brown Betty & Custard		В
Apple, Sultana Crumble with Custard		MCS
Apricot Crumble & Custard		В
Banana Pudding & Caramel Sauce		MY
Black Forest Cheesecake		MCS
Bread & Butter Pudding		MCS
Butterscotch, Sultana Pudding & Custard		В
Chocolate Mousse & Cream Chocolate Mud Cake & Cream		MY MY
Chocolate Mud Cake & Custard		MCS
Chocolate Steamed Pudding & Custard		В
Creamy Rice		MY
Creamy Rice with a Fruit Puree		MCS
Frozen Fruit / Compote		MCS
Fruit Salad & Cream		В
Fruit Trifle & Cream		В
Golden Syrup Dumpling		MY
Jelly & Peaches with Custard		MCS
Lemon Pudding & Custard		MCS
Pavlova		MY
Sticky Date with Caramel Sauce		MCS
Tiramisu		MCS
Vanilla Pancotta & Mixed Berries		В
Breggie Bake - 140g	Tick Box	Office
Egg ,Bacon &Cheese		Use N
Egg Fetta & Spinach		N
Three Cheeses & Black Pepper Omelette		N
Snack Packs - 200g	Tiel Dec	Office
	Tick Box	Use
Chicken Lasagne	TICK BOX	
Chicken Lasagne Fried Rice	TICK BOX	Use
	TICK BOX	Use PFD
Fried Rice	TICK BOX	Use PFD PFD
Fried Rice Macaroni Cheese Potato Bake	TICK BOX	Use PFD PFD
Fried Rice Macaroni Cheese	TICK BOX	PFD PFD PFD
Fried Rice Macaroni Cheese Potato Bake	Tick Box	Use PFD PFD PFD Office
Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise		PFD PFD PFD PFD
Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin		Use PFD PFD PFD Office Use Only
Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin Chicken & Vegetable		Use PFD PFD PFD PFD Office Use Only
Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable		Use PFD PFD PFD Office Use Only MY MY
Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham	Tick Box	Use PFD PFD PFD Office Use Only MY MY
Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches		Use PFD PFD PFD Office Use Only MY MY MY Office Use
Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches Chicken & Cheese	Tick Box	Use PFD PFD PFD Office Use Only MY MY MY Office Use PFD
Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches	Tick Box	Use PFD PFD PFD Office Use Only MY MY MY Office Use
Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches Chicken & Cheese	Tick Box	Use PFD PFD PFD Office Use Only MY MY MY Office Use PFD
Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches Chicken & Cheese Egg & Chives on Rye	Tick Box	Use PFD PFD PFD Office Use Only MY MY MY PFD PFD PFD PFD PFD PFD PFD
Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches Chicken & Cheese Egg & Chives on Rye Ham & Cheese	Tick Box	PFD PFD Office Use Only MY MY MY PFD PFD PFD PFD PFD PFD PFD PFD
Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches Chicken & Cheese Egg & Chives on Rye Ham & Cheese Roast Beef, Cheese & Onion	Tick Box	Use PFD PFD PFD Office Use Only MY MY MY PFD PFD PFD PFD PFD PFD
Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches Chicken & Cheese Egg & Chives on Rye Ham & Cheese Roast Beef, Cheese & Onion Silverside Cheese & Pickles Juice - 250ml	Tick Box Tick Box	Use PFD PFD PFD Office Use Only MY MY MY PFD PFD PFD PFD PFD PFD PFD Office
Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches Chicken & Cheese Egg & Chives on Rye Ham & Cheese Roast Beef, Cheese & Onion Silverside Cheese & Pickles Juice - 250ml Apple	Tick Box Tick Box	Use PFD PFD PFD Office Use Only MY MY MY PFD PFD PFD PFD PFD PFD PFD PFD Office Use
Fried Rice Macaroni Cheese Potato Bake Spaghetti Bolognaise Soups - 220g Pumpkin Chicken & Vegetable Beef & Vegetable Pea & Ham Sandwiches Chicken & Cheese Egg & Chives on Rye Ham & Cheese Roast Beef, Cheese & Onion Silverside Cheese & Pickles Juice - 250ml	Tick Box Tick Box	Use PFD PFD PFD Office Use Only MY MY MY PFD PFD PFD PFD PFD PFD PFD Office Use

Revised 14/09/2018 BM Please Turn Over